

Senior Options for Housing

Time won't wait - Nor should you!



Housing Options for Seniors

Explore Your Options. Understand Your Choices.
Make Your Next Move with Confidence.

What would you do with more time and less home maintenance?

Whether you're considering aging in place, moving closer to family, creating space for a caregiver, rightsizing your home, or simply exploring your options, this guide was created to help you navigate the next chapter with confidence.

About me:

As a Senior Real Estate Specialist® (SRES®), I help North State seniors and their families explore housing options, navigate life transitions, and make informed real estate decisions.

As a widow, and a senior myself, I've had to navigate many of the challenges some of you are facing. Selling our family home, rebuilding a new life, and charting a new course. No two stories are the same.

My experience has been gained through years of buying, selling and developing local real estate, giving me a wealth of local knowledge and resources, that I'm happy to share with you.

I want to help you meet your housing goals, and have the life you want to live. Life changes. Time moves forward. Make the most of it.

Aside from work, one of my most recent successes has been in creating a group for local seniors to connect with each other, local events, and resources to create a vibrant senior community of friends. It is Redding Seniors & Boomers Group, which now includes more than 2,700 members and continues to grow. Come join us on Facebook!

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Is Your Home Still the Right Fit?

As we move through different stages of life, our housing needs often change.

For some, that means simplifying and reducing maintenance. For others, it may mean moving closer to family, creating space for a caregiver, or finding a home that better supports aging in place.

There is no one-size-fits-all solution. The good news is that you have options.

Why I Created This Guide

As a Senior Real Estate Specialist® (SRES®), I've had the privilege of helping many North State seniors and their families navigate important housing decisions.

I created this guide to help you explore those options and move forward with confidence.

Money cannot buy you more time.

Many homeowners assume housing decisions are primarily about money, maintenance, or health. While those factors are important, one of the most valuable benefits is often overlooked: time.

For many homeowners, the question isn't whether they can remain in their current home—it's whether their current home still supports the lifestyle they want.

Housing Options at a Glance

Age in Place – Make your current home safer and easier to live in.

Move Closer to Family – More support and more time with loved ones.

Rightsize – Less maintenance and more freedom.

Multigenerational Living – Family living under one roof.

Housing for Caregiver Support – Space for assistance now or in the future.

Independent or Assisted Living – Additional services and support.

Common Reasons Seniors Consider a Change:

- Less maintenance
- Lower utility costs
- Easier access to healthcare
- Closer proximity to family
- More freedom to travel
- Better accessibility
- Space for family or caregivers
- A home that better supports future needs

There is no right choice—only the choice that best supports your goals, lifestyle, and future plans.

Planning Your Next Move

Questions to Ask Yourself

Lifestyle:

- Is my current home still meeting my needs?
- Am I using all the space I have?
- Would I enjoy a simpler lifestyle?

Family:

- Do I want to be closer to family?
- Would multigenerational living benefit my family?
- Could I benefit from having support nearby?

Financial:

- Does my current home still make financial sense?
- Would a move improve my monthly budget?

Future Planning:

- Will this home work for me five or ten years from now?

What About All the Stuff?

KEEP – Items you use regularly and truly love.

GIFT – Family heirlooms and meaningful keepsakes.

SELL – Furniture, collectibles, tools, and valuables.

DONATE – Items that can benefit others.



Helpful Resources You May Need:

Estate Planning Attorneys, Financial Advisors, Tax Professionals, Estate Sale Services, Movers, Home Repair Professionals, and Senior Services.

Your Next Chapter Starts Here

Common Mistakes to Avoid

- Waiting until a crisis forces a move
- Underestimating the time required
- Keeping too much
- Over-improving before selling
- Making decisions based solely on emotion
- Failing to explore all available options

Complimentary Housing Options Consultation

Let's
TALK!



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Ready to write you next chapter?

