

Ryan's Newsletter

News To Help You Save Time And Money

August 2013

The Math Problem

A math teacher asked seven-year-old Mica, "If I give you one apple and one apple and one apple, how many apples will you have in your bag?"

Mica smiled and said confidently, "Four!"

Dismayed, the teacher repeated the question more slowly. "Mica, listen. If I give you one apple...and one apple...and one apple, how many apples will you have?"

Mica saw the disappointment on his teacher's face. He wanted to make her happy, so he calculated carefully before saying hesitantly, "Four."

The teacher looked even more disappointed. Then she remembered that Mica liked strawberries. She smiled encouragingly and asked, "How about if I give you one strawberry, and one strawberry, and one strawberry, how many strawberries you will have in your bag?"

Seeing the teacher happy, Mica relaxed. He calculated on his fingers again. With a hopeful smile, he replied, "Three?"

INSIDE THIS ISSUE

- The Math Problem
- Dog Days Of Summer
- August Quiz Question
- Hot August History
- Budget-Friendly Makeover Ideas
- A Passion For Puns
- Fresh Or Frozen?
- Real Estate Snap Shot
- How A Body Overheats
- Prepare Kids For Back To School
- An Unexpected Conversation
- Teens Do Listen

The teacher smiled victoriously and congratulated herself. But one thing remained, and that was to see if Mica could transfer the learning to apples. Once again she asked, "Now if I give you one apple and one apple and one more apple how many apples will you have in your bag?"

Mica promptly answered, "Four!"

The teacher was aghast. "Mica, how?" she demanded. "You clearly can add. Why do you say three strawberries but four apples?"

Uncertainly Mica replied, "Because I already have one apple in my bag."

Communication is often a matter of perspective.

Dog Days of Summer

The phrase “dog days” refers to the sultry days of summer, usually July and August. But where did the term dog days come from?

The Romans associated hot weather with the star Sirius because it is the brightest star in the summer night sky. They referred to those days as *dies caniculares*, or dog days, because Sirius is in the



constellation Canis Major (Large Dog).

The Dog Days originally were the days when Sirius rose just before or at the same time as sunrise (heliacal rising), which is no longer true, owing to precession of the equinoxes.

Dog Days were popularly believed to be an evil time when "the Sea boiled, the Wine turned sour, Dogs grew mad, and all other creatures became languid; causing burning fevers, hysterics, and phrensies." The Romans sacrificed a brown dog at the beginning of the Dog Days to appease the rage of Sirius, believing that the star was the cause of the hot, sultry weather.

Today Dog Days merely refers to a kind of languid, relaxed period where it is too hot to do much more than lay around.

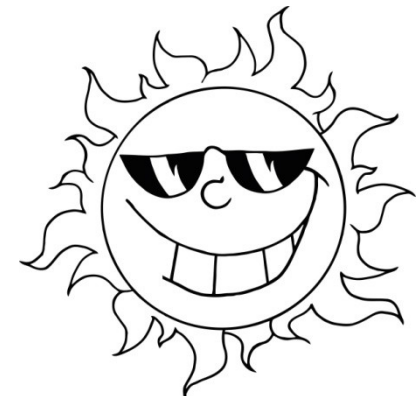
Hot August History

August 24, 79 A.D. Mount Vesuvius erupted, destroying the cities of Pompeii, Stabiae and Herculaneum. Pompeii was lost for over 1,600 years, until excavations began in 1738. The expressions on the faces of those caught in the eruption were flawlessly preserved.

August 18, 1949. The first Plant Patent was issued to Henry Bosenberg of New Jersey for a climbing rose. There are now over 276,788 plant patents around the world.

August 12, 1930. Clarence Birdseye patented a method for packaging frozen foods. See the article in this newsletter: *Fresh Or Frozen?*

August 19, 1919. HOSTESS was trademark registered by William B. Ward. In November 2012, after 93 years, the Hostess Company closed their doors. The brand was purchased by Private equity groups Apollo Global Management and Metropolis & Co.



August Quiz Question

Q: Which country is the next most populous after the United States?

July Quiz Question

Q: In this US city, clocks are not allowed in certain buildings, even though over 37 million people visit every year. What city is it?

A: Las Vegas, NV.

Budget-Friendly Makeover Ideas

Would you like to give a fresh look to your house without breaking the bank? Try these extremely low-cost makeovers to give your house a face lift.

- **Wash instead of paint:** If you can't afford to paint the home, how about giving it a good wash? Don't forget to scrub the screens, windows, and gutters, as well as the sidewalk and driveway while you're at it.



- **Paint the trim and front door:** Your home's exterior will look crisper with fresh trim and front door color.
 - **Freshen the floors:** Consider cleaning the grout on tile floors. If you have stained or worn carpet, consider replacing it with a remnant (left over carpet from larger jobs).
 - **Re-caulk plumbing fixtures:** Over time the caulk that prevents water seepage around plumbing fixtures can mold, discolor, tear, or degrade. Stripping this material out and replacing it with a fresh bead of silicon is an inexpensive way to improve the look of bathrooms and kitchens.
- **Take care of the small things:** Look around. Notice all the little items that need repair. Make a list and work on it as often as you can, one item at a time. Replace light bulbs, fix holes in doors or walls, grease squeaky hinges, clean gutters, fix leaking plumbing fixtures, change the air filter, wash the curtains, paint dingy entry ways, and so on.
 - **Update lighting fixtures:** You can spend a fortune on lighting fixtures but you don't have to. Consider selectively changing lighting fixtures that date the home. Even inexpensive, but new fixtures can make a difference.

Just in time to beat the summer heat, Yucaipa has gained its very own brewery that is serving up great small batch specialty beers.

Brew Rebellion is located on California St between Avenue H and County Line Rd. Stop in and sample their rotating menu of hand crafted beers & don't forget to tell them we sent you.

A Passion For Puns

Who can resist a good pun—or a terrible one? Here are a few guaranteed to make you crack a smile, or slap your head:

- She was only a whisky maker, but he loved her still.
- What would you get if you threw a hand grenade into a French kitchen? Linoleum Blownapart.
- He wondered why the baseball kept getting bigger. Then it hit him.

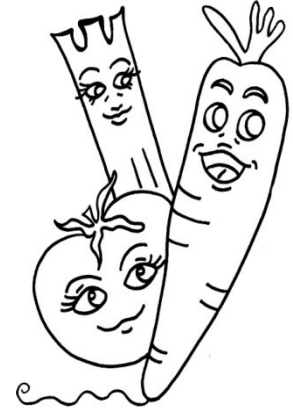
Fresh Or Frozen?

Which are healthier, fresh or frozen vegetables? While the first step of freezing vegetables—blanching them in hot water or steam to kill bacteria and arrest the action of food-degrading enzymes—causes some water-soluble nutrients like vitamin C and the B vitamins to break down or leach out, the subsequent flash-freeze locks the vegetables in a relatively nutrient-rich state.

On the other hand, fruits and vegetables shipped to fresh-produce aisles typically are picked before they are ripe, which gives them less time to develop a full spectrum of vitamins and minerals.

Outward signs of ripening may still occur, but these vegetables will never have the same nutritive value as if they had been allowed to fully ripen on the vine. In addition, during the long haul from farm to fork, fresh fruits and vegetables are exposed to heat and light, which degrade some nutrients, especially vitamins C and the B vitamin thiamin.

Bottom line: When vegetables are in-season, buy them fresh and ripe. Off-season, frozen vegetables will give you a high concentration of nutrients. Choose packages marked Fancy or Extra Fancy, which indicates they were picked at their ripest.



To keep the body in good health is a duty... otherwise we shall not be able to keep the mind strong and clear. ~Buddha

A Real Estate Market Snap Shot

It has been years in the making: a housing market that pushed prices back nearly a decade, historically low interest rates, and an economy that refused to get stronger. The reality is that today's housing market has gained strength and home values are up, partially because of the low inventory of homes for sale but mainly because a sale can only last so long. This is NOT a "new bubble", the housing market has turned a corner and will continue to grow ... along with an increase in interest rates.

- The year over year price appreciation has exceeded 30% in Beaumont, Yucaipa and Redlands.
- Hundreds of previously "under water" homeowners (those that owed more than their house was worth) are now back to building equity.
- Inventory levels are up 20% and will continue to grow as more homeowners learn that their house value has increased substantially and as new home builders increase their efforts.
- **For more detailed information** on home prices in your neighborhood and to find out how much your home is now worth, simply call the FREE recorded hotline at 888-881-7658 ext 38 or log onto the internet site www.ThePriceWentUp.com

See An Interesting Home?

No need to wonder about the price. No need to call a high-pressure sales agent who will just make you feel obligated. My computers can send you the information quickly and easily for any house, listed or sold, anywhere in town.

Just ask me! It's all part of my free, no-obligation HomeFinder Service.

Leave the address on my voicemail or text me anytime and I'll fax, mail or email all the information to you on that listing within 24 hours.

How A Body Overheats

During exertion the body produces heat. To lose excess heat, the body uses a combination of radiation (loss of heat), convection (cooler air movement), conduction (contact with cooler surfaces), and evaporation (sweating). If surroundings are hotter than the body, it must shed excess heat by evaporation of sweat alone.

Unfortunately, copious sweating places a heavy load on circulation, which is needed to bring blood to the skin for cooling. As the body progressively dehydrates through sweating, circulation is compromised and heat storage begins to exceed heat removal. This further increases the strain on the circulatory system in a vicious cycle. The strain increases heart rate, sweat rate, and core and skin temperatures. Eventually the strain can cause heat stroke if the body is not cooled by some other means than sweat.

Solutions are to drink small glasses of water every 15 to 20 minutes, remove yourself from the sun for at least 5 minutes while drinking water, avoid caffeine which causes your body to lose water, and avoid working outside at the hottest times of the day. The more you do to bring your body temperature down, the more you can reestablish equilibrium between heat storage and heat removal.

Prepare Kids For Back To School

One week before school starts:

- Start sending your kids to bed on their school schedule and getting them up early.
- Help the kids wrap their minds around the morning routine. Make sure they know how much time they have for breakfast and getting dressed.
- Have them prepare their school backpacks.
- Help kids select outfits for the entire first week of school so there is no anxiety about clothes either in the evenings or mornings the first week.

The day before:

- Have your kids lay out their clothes.
- Give kids their lunch money or prepare their lunch.
- Help kids have a relaxing evening with no stress. Perhaps play some fun games.

Quiz Answer: Indonesia.

An Unexpected Conversation

A class of high school students was on its way back from a field trip. The bus driver pulled over at a rest stop. One of the students had stomach trouble, so as soon as the bus stopped, he got off and headed for a restroom stall.

As soon as he closed the door, the man in the next stall said, "Hi, there. How's it going?"

The student thought it was odd that the man in the next stall wanted to start a conversation, but he thought, "Maybe this is one of the teachers from the other busses."

He felt silly talking through the wall, but he answered, "Not bad."

Then the man in the next stall said, "What are you doing?"

The embarrassed student answered, "Well, we're all headed back to school from the field trip, right?"

To which the man in the next stall said, "Look. I'll have to call you back. Every time I say something, some genius in the next stall keeps answering me."

Free Reports!

- How To Sell Your House For The Most Money In The Shortest Time

Free Information!

- Protect Your Home From Burglars
- How To Buy A House With Little (Or No) Money Down

Free Newsletter Subscription!
See page 7

Teens Do Listen

If you have a child preparing to start college this fall, you're probably thinking about the cost of tuition and board and the high price of textbooks. You may also be thinking about the temptations of alcohol. You may worry that nothing you say will make a difference once your student is on his or her own.

Fortunately, a study from Pennsylvania State University's Prevention Research Center suggests you may have more influence than you think. The researchers surveyed 1,900 future college freshmen on their drinking habits. Then they sent parents a handbook of general information on college student drinking, and asked those parents to talk to their children during the summer or during their students' first fall semester, or both.

The results? Freshmen whose parents broached the subject over the summer were more likely to show a pattern of not drinking or light drinking, or to transition away from heavy drinking habits if they were already big consumers of alcohol. Experts note that the tone of such conversations is important—you want to share your thoughts without lecturing your kids. But the findings indicate that talking about drinking instead of hoping for the best can have good results.



Ryan's Newsletter

Free Information Request Form

Please complete the box below and place check marks next to the free reports and information you'd like to receive.

Fax this form to 909-474-8833 or mail it to

Ryan Mihld, Home Buyers Realty Group, Inc., PO BOX 686, Calimesa CA 92320, or just call me at 909-725-8001

www.RyanMihld.com email: HomeInquiry@aol.com

Name: _____ Phone: _____

Address: _____ Email: _____

City: _____ State/Province: _____ Zip/Postal: _____ Fax: _____

Please send me the requested free information selected below via () Mail () Fax () Email.

Free Reports

- () Protect Your Home From Burglars
- () Five Deadly Mistakes Home Sellers Make
- () Making the Move Easy On the Kids
- () How Sellers Price Their Homes
- () How to Stop Wasting Money on Rent
- () How to Sell Your House For the Most Money In the Shortest Possible Time
- () The 10 Dumbest Mistakes Smart People Make When Buying or Selling a Home

Free Information

- () Send me information about your free, no-obligation HomeFinder service.
- () Send me the special computer report showing the features and sale prices of up to 15 of the most recent home sales near the following address:
_____, City: _____ or in
the _____ area.
- () Please let me know the listing price and features of the home at the following address:
_____.
- () Please let me know the selling price of the home at the following address:
_____.
- () Please call me to arrange a free, no-obligation market valuation on my house.

Do you have a family member or friend who would enjoy a free subscription to Ryan's Newsletter? Just provide me with their contact information, and I'll add them to my mailing list.

Name: _____

Address: _____

City: _____ State/Province: _____ Zip/Postal: _____

Ryan's Newsletter

Ryan Mihld
Home Buyers Realty Group, Inc.
PO BOX 686
Calimesa CA 92320
www.RyanMihld.com

**Go Green:
Recycle This
Newsletter!**

After you've enjoyed my newsletter, please recycle it by passing it along to a family member, friend, neighbor or coworker.

This newsletter is intended for entertainment purposes only. Credit is given to the authors of various articles that are reprinted when the original author is known. Any omission of credit to an author is purely unintentional and should not be construed as plagiarism or literary theft.

Copyright 2013 Ryan Mihld.

This information is solely advisory, and should not be substituted for medical, legal, financial or tax advice. Any and all decisions and actions must be done through the advice and counsel of a qualified physician, attorney, financial advisor and/or CPA. We cannot be held responsible for actions you may take without proper medical, financial, legal or tax advice.